

NEW!

- ✓ MAKES 4 BIG LOAVES
- ✓ BY HAND OR MACHINE

2.4kg

 4 x 600g Bread Mix Packs
Yeast Provided

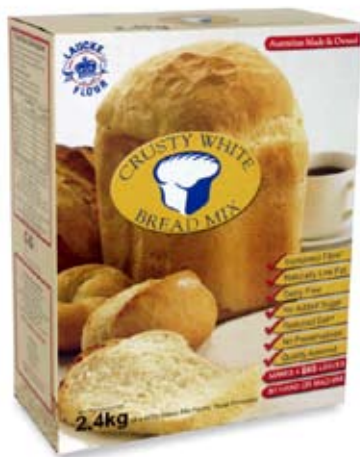
- ✓ Artisan Style
- ✓ Naturally Low Fat
- ✓ Source of Fibre
- ✓ No Added Sugar
- ✓ Reduced Salt
- ✓ No Preservatives
- ✓ Quality Assured

Barossa Sour Dough Rye

This unique recipe celebrates the pioneer heritage of the famous Barossa Valley in South Australia, which was the birthplace of Laucke Flour Mills in 1899.

Barossa Sour Dough Rye™ Bread Mix produces a soft textured and very attractive creamy-tan coloured loaf. It captures the flavour and aroma of traditional fermented sour dough and artisan white rye breads.

This popular crusty loaf is uniquely mild in flavour and is an excellent introduction to the world of sour dough breads. Barossa Sour Dough Rye™ is frequently baked as a superb, everyday bread for the whole family, and is also a perfect accompaniment to any special occasion



- ✓ Increased Fibre
- ✓ Naturally Low Fat
- ✓ Dairy Free
- ✓ No Added Sugar
- ✓ Reduced Salt
- ✓ No Preservatives
- ✓ Quality Assured

Crusty White

We've taken our most popular Crusty White™ Bread Mix and made it even better!

Crusty White™ Bread Mix produces the same delightful, crusty loaf of excellent appearance and flavour you expect, but now with increased invisible dietary fibre and reduced salt.

This bread mix is made from high protein wheaten flour containing Complex Carbohydrates and a wide range of essential nutrients, such as Protein, Vitamins and Minerals. Crusty White™ Bread Mix is also low in fat.

All bread is considered to be a valuable source of nutrition. Breads and Cereals are one of the basic food groups recommended by world health authorities.



- ✓ High Fibre
- ✓ Whole Grains
- ✓ Dairy Free
- ✓ Reduced Salt
- ✓ No Preservatives
- ✓ Quality Assured

German Grain

German Grain™ Bread Mix is based on a traditional and time honoured Laucke family recipe producing a crusty, full flavoured dark loaf containing a variety of cereal grains including Rye, Maize and Linseed.

The recipe has been carefully formulated to offer a nutritional blend of crushed seeds, flaky soft brans and whole grains.

Even though the original formula is now over 100 years old, it was still known back then by the pioneer families to be flavoursome, desirable for energetic work, and wholly satisfying for the appetite.



- ✓ Antioxidant Action
- ✓ Immune System Health
- ✓ Biologically Fortified
- ✓ High Fibre
- ✓ Whole Grains
- ✓ Dairy Free
- ✓ No Added Sugar
- ✓ Reduced Salt
- ✓ No Preservatives
- ✓ Quality Assured

Golden Wholemeal ^{with} Bio-Fort Selenium

This revolutionary product is a 100% Whole Grain wholemeal, made from grains naturally Biofortified with Selenium.

Selenium, a vital micronutrient that is essential for proper cell function, is more effective when provided in certain and naturally derived forms.

Recent scientific research demonstrates that, by maintaining optimal levels of Selenium within your body, you can improve the function of your immune system; repair and resist cellular damage; defend against free radical damage, toxins and pollutants; protect yourself against degenerative and viral diseases; and enhance fertility and brain function.

In addition, Whole Grains provide a protective effect in preventing heart disease, strokes and colorectal cancer. Whole Grains are also recommended by Dieticians for the prevention and control of Diabetes.

ONLY AT WOOLWORTHS & SAFEWAY